

PANZER'S



SUSHI ATELIER 

SUSHI MENU





# SUSHI ATELIER

Sushi Atelier serves high quality, imaginative and fun sushi. From the restaurant on Great Portland Street to the counter at Panzer’s, the chefs create mouth watering Japanese treats, perfect for a quick lunch, cosy dinner or a party at home.

## CONTENTS

1. Starters & Sides

2. Sashimi Sets

3. Sushi Sets

4. Rice Bowls

5. Inside Out Sushi Rolls
6. Thin Sushi Rolls

7. Special Rolls

8. Cold sides

9. A La Carte Sushi & Sashimi

10. Party Platters

All pricing subject to change.

## ALLERGENS

- CE

Cereals containing GLUTEN  
inc wheat, rye, oats barley

D

Dairy

F

Fish

E

Eggs

CR

Crustaceans

P

Peanuts

C

Celery

SO

Soy
- M

Mustard

L

Lupin

MO

Molluscs

S

Sesame

SD

Sulphur Dioxide

All our dishes are made in a kitchen where nuts are commonly used, so may contain traces of nuts



STARTERS & SIDES

Edamame£3.20

Cooked and lightly salted young soy beans



Chukka Salad£5.30

Seaweed with sesame dressing



Miso Soup£4.20

Fermented soy bean soup with tofu and seaweed



Shiitake & Kinpira£5.30

Sweet shiitake mushroom with spicy burdock root



Monthly Special

Speak to the chef about this month's special

SASHIMI SETS

Salmon & Tuna Combo£17.50

5pcs salmon and 5pcs tuna sashimi



3 Kind Sashimi£11.10

2pcs salmon, 2pcs tuna, 2pcs white fish



6 Kind Sashimi£20.70

Chef's catch of the day



SUSHI SETS

Salmon Set£14.70

5pcs salmon nigiri, 8pcs salmon avocado roll (with yuzu mayonnaise)



Mixed Sushi Set£17.00

3pcs salmon nigiri, 2pcs tuna sushi nigiri, 8pcs California roll (with Japanese mayo)



Tuna Set£19.10

5pcs tuna nigiri, 8pcs spicy tuna roll (with spicy mayonnaise)



Veggie Set£13.80

8pcs spicy tofu roll, 1pc avocado nigiri, 1pc asparagus nigiri, 2pcs seaweed gunkan (chukka salad)



Omakase Sushi£21.00

Chef's choice catch of the day 8pcs sushi nigiri



Omakase Mixed Sushi£25.40

Chef's choice catch of the day 6pcs sushi nigiri and 8pcs sushi roll



Deluxe Sushi Set£19.10

3pcs chutoro nigiri, 2pcs butterfish nigiri, 6pcs piece negitoro maki





RICE BOWLS

Salmon BBQ poke bowl £12.00

Salmon with homemade BBQ sauce (slightly seared) with Japanese vegetables and sesame seeds

F S SO

Tuna poke bowl £11.00

Diced tuna with Japanese vegetables and sesame seeds

F S

Salmon & Butterfish Don £15.80

4pcs salmon sashimi, 4pcs butterfish sashimi, slightly seared together with homemade BBQ sauce and truffle oil

CE F E S

Oyako Don £17.00

Seared salmon and truffle buttered butterfish with homemade BBQ sauce with sushi rice

CE F SO

Una Ju £18.00

BBQ eel with teriyaki sauce, Japanese vegetables, with rice

CE F SO S

Tricolour Poke £11.10

Salmon, tuna, white fish, avocado

F SO S

Salmon & Avocado Poke £9.90

Diced salmon with avocado slices and sesame seeds

F SO S

Chirashi £22.30

6pcs kind sashimi on sushi rice

F CR S





# INSIDE OUT SUSHI ROLLS

## Salmon Avocado £7.50

With yuzu mayo and sesame seeds

F E S

## Spicy (Tuna or Salmon) £7.50

With spicy mayo, rice crackers, sesame seeds, spring onion and green chilli

CE F E S

## Spicy Yellowtail £8.50

With spicy mayo, rice crackers, sesame seeds, spring onion and green chilli

CE F E S

## Yellowtail Truffle £9.00

Yellowtail, spring onion, garlic-truffle mayonnaise and rice crackers, sesame seeds

F E S

## California £8.50

With Japanese mayonnaise, flying fish roe, crab meat and avocado

E CR

## Cucumber & Avocado £6.50

Cucumber, avocado and sesame seeds

S

## Spicy Tofu £6.50

Inari (tofu), spicy chilli powder, avocado and sesame seeds

S SO

## Crunchy Vegan Roll £6.50

Green pickle cucumbers, mange tout, green chilli and sesame seeds

CE SO S





THIN SUSHI ROLLS

Salmon£5.30

Salmon roll, seaweed outside



Tuna£5.80

Tuna roll, seaweed outside



Negi Toro£6.40

Chu-toro tuna with spring onion,  
seaweed outside



Kimpira£4.00

Japanese burdock root with sesame oil



Avocado£5.30

Avocado roll, seaweed outside

Asparagus£5.30

Asparagus roll, seaweed outside

Cucumber£4.20

Cucumber roll, seaweed outside

SPECIAL ROLLS

Rainbow Roll£12.50

California roll with truffle mayonnaise,  
topped with different kind of fishes



Aburi Toro Truffle£12.50

Pickled cucumber and spring onion inside out  
roll with sesame, topped with seared fatty tuna,  
chives and truffle teriyaki sauce



American School Roll£11.50

Salmon cucumber cream cheese, topped with  
salmon,BBQ sauce, cream cheese and chives



Dragon Roll£13.30

Asparagus, mange tout and shiitake inside out  
roll with sesame and spicy mayo, topped with  
BBQ eel and sweet soy



Veggie Special£11.70

Mixed vegetables and basil-pesto inside out  
roll topped with avocado



COLD SIDES

Sushi Rice£3.20

Mayo (Japanese, spicy, truffle-garlic)£0.80



Teriyaki (normal, truffle)£0.80



Extra Ginger, Wasabi£0.80





À LA CARTE NIGIRI & SASHIMI

1 PIECE OF NIGIRI / 5 SLICES OF SASHIMI

Salmon £2.50/£9.50

F

Tuna £3.20/£11.50

F

Chu Toro £4.20/£13.30  
(Medium Fatty Tuna)

F

Yellowtail £3.20/£12.20

F

Butterfish £3.20/£11.50  
(White tuna)

F

Eel £3.20/£11.50

CE F SO

Prawn £3.70/£11.70

CR

Sweet Prawn £3.20/£11.50

CR

Scallop £2.70/£8.50

MO

Ikura £4.20/£12.70

CE SO

Flying Fish Roe £3.00  
(Tobiko)

F

Inari £2.10

SO

Avocado £2.10

Asparagus £2.10

Seaweed £2.10  
(Gunkan)

S

Shiitake £2.10

SO



PARTY PLATTERS

Salmon Party Platter (60 Pieces) £73.00

3 salmon avocado roll (24 pieces), 2 salmon thin roll (12 pieces), 10 pieces salmon sashimi, 14 pieces salmon nigiri

CE

F

E

SO

Small Mixed Platter (36 Pieces) £55.00

3 rolls (8 pieces each): salmon avocado, spicy tuna, rainbow, 12 nigiri: 3 salmon, 3 tuna, 3 butterfish, 3 prawn

CE

F

E

CR

SO

Medium Mixed Platter (60 Pieces) £94.00

5 rolls (8 pieces each): salmon avocado, spicy tuna, spicy salmon, california, rainbow 20 nigiri: 5 salmon, 5 tuna, 5 butterfish, 5 prawn

CE

F

E

CR

SO

Large Mixed Platter (108 Pieces) £179.00

9 rolls (8 pieces each): 2 salmon avocado, 2 spicy tuna, 2 california, 1 rainbow, 1 special veggie, 1 dragon 36 nigiri: 9 salmon, 9 tuna, 9 butterfish, 9 prawn

CE

F

E

CR

SO

Extra Large Mixed Platter (300 Pieces) £413.00

25 rolls (8 pieces each) 5 salmon avocado, 5 spicy tuna, 5 spicy salmon, 5 california, 2 special veggie, 3 spicy tofu roll. 100 nigiri: 25 salmon, 25 tuna, 25 yellowtail, 25 prawn

CE

F

E

CR

SO

Maki Party Platter Medium (80 Pieces) £76.00

(8 pieces each) 2 salmon avocado, 2 spicy tuna, 2 spicy salmon, 2 california, 1 special veggie roll, 1 spicy tofu roll

CE

F

E

CR

SO

Maki Party Platter Large (160 Pieces) £147.00

(8 pieces each) 2 salmon avocado, 2 spicy tuna, 2 spicy salmon, 2 california, 2 special veggie roll, 2 spicy tofu roll

CE

F

E

CR

SO

Veggie Party Platter (46 Pieces) £48.00

1 special veggie roll (8 pieces), 2 spicy tofu (16 pieces), 1 kimpira thin roll (6 pieces), 1 avocado thin roll (6 pieces), 1 cucumber thin roll (6 pieces) 1 asparagus thin roll (6 pieces) 4 avocado nigiri

CE

F

E

CR

SO





